

Diagnostic Criteria Checklist

Alcohol use disorder (AUD) is a problematic pattern of alcohol use leading to clinically significant impairment or distress, as manifested by **at least two of the following, occurring within a 12-month period:**

- 1** Alcohol is often taken in larger amounts or over a longer period than was intended.

- 2** There is a persistent desire or unsuccessful efforts to cut down or control alcohol use.

- 3** A great deal of time is spent in activities necessary to obtain alcohol, use alcohol, or recover from its effects.

- 4** Craving, or a strong desire or urge to use alcohol.

- 5** Recurrent alcohol use resulting in a failure to fulfill role obligations at work, school, or home.

- 6** Continued alcohol use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of alcohol.

- 7** Important social, occupational, or recreational activities are given up or reduced because of alcohol use.

- 8** Recurrent alcohol use in situations in which it is physically hazardous.

- 9** Alcohol use is continued despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by alcohol.

- 10** Tolerance, as defined by either of the following:
 - a. a need for markedly increased amounts of alcohol to achieve intoxication or desired effect
 - b. a markedly diminished effect with continued use of the same amount of alcohol.

- 11** Withdrawal, as manifested by either of the following:
 - a. the characteristic withdrawal syndrome for alcohol (see CIWA-AR, available at umem.org/files/uploads/1104212257_CIWA-Ar.pdf)
 - b. alcohol (or a closely related substance, such as a benzodiazepine) is taken to relieve or avoid withdrawal symptoms.

Specify whether the client is

→ in early remission:

After the full criteria for AUD were previously met, none of the criteria for AUD have been met for at least three months but for less than 12 months (with the exception that Criterion 4, “Craving, or a strong desire or urge to use alcohol,” may be met).

→ in sustained remission:

After the full criteria for AUD were previously met, none of the criteria for AUD have been met at any time during a period of 12 months or longer (with the exception that Criterion 4, “Craving, or a strong desire or urge to use alcohol,” may be met).

→ in a controlled environment:

This additional specifier is used if the individual is in an environment where access to alcohol is restricted.

Code based on current severity:

Note for ICD-10-CM codes: If an alcohol intoxication, alcohol withdrawal, or another alcohol-induced mental disorder is also present, do not use the codes below for AUD. Instead, the comorbid AUD is indicated in the fourth character of the alcohol-induced disorder code (see the coding note for alcohol intoxication, alcohol withdrawal, or a specific alcohol-induced mental disorder). For example, if there is co-morbid alcohol intoxication and AUD, only the alcohol intoxication code is given, with the 4th character indicating whether the comorbid AUD is mild, moderate, or severe: F10.129 for mild AUD with alcohol intoxication or F10.229 for a moderate or severe AUD with alcohol intoxication.

Specify current severity:

- **305.00 (F10.10) Mild:** Presence of 2–3 symptoms
- **303.90 (F10.20) Moderate:** Presence of 4–5 symptoms
- **303.90 (F10.20) Severe:** Presence of 6 or more symptoms.